

Fall/Winter 2009



Willy Porter & Friends

will be performing a concert
benefitting Advocates of Ozaukee.

**Saturday, January 9, 2010
at 8 pm**

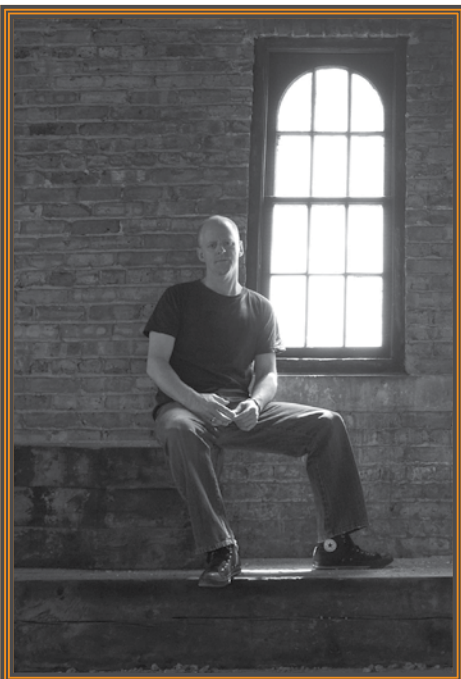
Cedarburg Cultural Center
\$25 \$35 at the door if any remain

Those of you who have attended
the concerts the last three years
know they have been excellent and
very well attended.

Tickets will go on sale December
1, 2009 on Advocates' website-
www.advocates-oz.org or at
Cornerstone Community Bank in
Grafton, by mail to Advocates, or
by the phone - call 262-284-3577.

Get your tickets early so you
won't miss the opportunity to
attend this great night. Come and
enjoy the concert, beverages, and
a silent auction; all to benefit
families in Ozaukee County.

**Sponsors of the event are
Cornerstone Community
Bank and Loos & Son
Handyman Service.**



Some facts about domestic violence....

***Some thoughts from those who found the courage to
survive... and thrive...***

Domestic violence is the single major cause of injury to American women, exceeding muggings, gang violence, murders, and accidents.

"Now that I am out of the abusive relationship and experiencing new freedoms, I can see with hindsight what a strange and wrong existence it was. I still struggle to maintain boundaries but most importantly my daughter is learning good boundaries, so she hopefully will not repeat my mistakes."

Slightly more than one-half of female victims of intimate violence live in households with children under age 12.

"Thank you so much for helping me through so many rough times, understanding that life is a new beginning for me and my children, that there is hope and light at the end of the road and I have the right to be me and live in safety without being abused physically, emotionally, sexually, and mentally. You have given me a new life and beginning. Thank you from the bottom of my heart."

Growing up in a violent home is a terrifying and traumatic experience that can affect every aspect of a child's life, growth, and development.

"From the moment we contacted them we have received nothing but GENUINE caring and support for both my daughter and me. Advocates has been with us for all of the countless court dates, restraining orders, meetings with the police (which that itself was a HUGE blessing), not to mention all the countless times that my daughter has needed more personal attention. They have gone above and beyond what was asked from them and to our family they have been our own personal angels. I truly believe without the love and support we have received from Advocates my daughter would not be with us."

People who survive abusive relationships know that beyond the pain there is hope. We have learned the critical importance of providing hope, and that the first step in finding long-term solutions is public awareness of the devastating impact this crime has on our neighborhoods. Over the years, Advocates has received support from so many in our community and we want to thank you all for your support. The successes of the families quoted above are your victories. Please continue to be part of our commitment to serving as a catalyst for solutions. Domestic and sexual violence hurts all of us. It is a community problem and we will always need your help.

United Way Day of Caring



On a beautiful September morning, Rockwell Automation stepped up, as they do every year, and helped get the agency shelter spruced up and ready for the upcoming winter. This year's United Way Day of Caring included replacing rotted garage door frames, cleaning out gutters, installing moulding in an office, painting, weeding, caulking, and planting lots of perennials! While working hard all day, everyone seemed to have a great time joining together to help make the shelter a nicer place for our clients to stay while they continue their journey to safety.

Thanks to all those who took time out of their busy lives to help!!!

ADVOCATES' WISH LIST

- DVDs – new releases rated G, PG, or PG-13
- Gifts for teens
- Digital Camera**
- Family games including ones that teens would enjoy
- Gift cards for any store or gas station
- Gift certificates for auto repair or oil changes
- Laundry baskets, laundry soap, and dryer sheets
- Diapers
- Kitchen items including silverware sets, set of pots and pans, cookie sheets, and other baking items
- Taxi vouchers which can be purchased through Shared Ride Taxi at 284-8108
- New socks, underwear, pajamas, and slippers in a variety of children & teen sizes
- Twin sheets & pillows
- Upright vacuum cleaner with hoses & attachments

Thanks!

Over the years, we have had some auto repair needs. We can always count on the folks at Eddie's Service to help out with service we can depend on.

The "You Are Special" cake bakers help our shelter residents celebrate their special days.

Students & faculty in the Grafton School District helped out with their monthly collection of shelter needs.

From Barb's Desk

In 2004, Advocates of Ozaukee had 379 active clients. That's 1.04 per day. In 2008, Advocates had 643 active clients or 1.76 per day; an increase of 70%. These are not just numbers; each one of them represents a family or a person who came to Advocates to escape a violent, potentially life-threatening situation.

The figures above represent only those people who actually came to Advocates and saw someone face-to-face. They do not include the information and referral calls or the counseling calls that exceeded 2,200 in 2008.

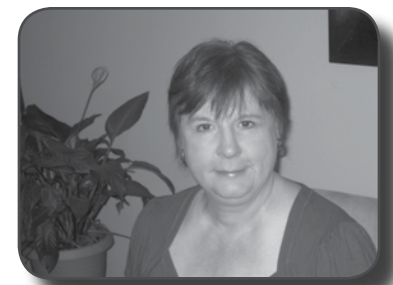
Every day, Advocates' staff, which is essentially the same size as it was in 2004, talk with families being torn apart by violence. Every family's journey to safety is different and each of them requires individual assistance and support provided through Advocates' services.

Journey to Safety Needs Support

The most important factor in families being able to make changes in their lives is support of the community in which they live.

During this last year many of you have reached out to the families that Advocates is working with providing, food, transportation, furniture, many of the things needed to start anew, as well as the most valuable gift of all, believing the victims and believing *IN* them.

Thank you for that amazing gift.



Barb Fischer
Executive Director

Many Ways YOU Can Help

Pick 'n Save

The We Care program helps non-profit organizations raise additional funds through supportive shoppers who use their Advantage Plus Savers Club card. A percentage of the total We Care dollars spent at participating Wisconsin Pick 'n Save stores will be given back to each participating non-profit organization.

The We Care program provides you with an easy way to give to our agency. Each time a shopper uses the Advantage Plus Savers Club card, the non-profit organization of their choice receives a cash rebate. The amount the organization receives is a percentage of the total amount of We Care dollars that Pick 'n Save contributes. **Our number is 014750**



Cell Phone Collection

Thanks so much to all of you who donated your used cell phones to us and helped us to provide emergency phones AND earn over \$4,000 since we joined the program!

Advocates receives money for each phone collected, no matter how old or what shape it is in. This program also keeps old phones out of landfills.

If you or someone you know have cell phones you are no longer using, please send them our way!



Sanfillippo's Sentry

Collect your receipts from Sanfillippo's Sentry in Port Washington and send them to us quarterly. We will receive a check back from the Community Dollar Program for a percentage of the total amount collected.



Please mail them to us by January 10 for the last quarter of 2009 rebate.

Wills & Memorials

Remembering Advocates in your will can be beneficial for you as well as the agency. Many people also support Advocates by naming us as a beneficiary of their life insurance, and by making memorial gifts upon a loved one's death or gifts in honor of birthdays, anniversaries, graduations or other special occasions.

Call 262-284-3577 for more information about any of these programs.

JOIN A SUPPORT GROUP

Groups are open to all women and their children experiencing domestic and/or sexual violence.

Domestic Violence

**Tuesdays
6:30—8:00 p.m.**

Children's Domestic Violence Support Group meets at the same time. It is open to children of all ages.

Sexual Violence

**Second and Fourth
Thursdays
6:30—8:00 p.m.**

Children's Life Skills Group meets at the same time. It is open to children of all ages.

**Call for more
information.**

**262.284.6902 or
1.877.375.4034**

REDUCING HOLIDAY STRESS

We all know the anticipation and excitement of the holidays can make it a very happy but stressful time for families. Here are a few hints to help keep the holiday activities in perspective and minimize the stress level.

It's okay to say no. You don't have to attend every function you are invited to. You are not obligated to go to events with people you know will make you stressed or uncomfortable.

Keep in mind your children's schedules and don't schedule activities that will conflict with their normal nap or sleep times. It is better to arrive late or leave early than have to deal with an overtired child and a house full of family and friends.

Shop early and keep gifts simple. Keep gift giving in the limits of what you truly can afford.

Plan ahead whenever possible and accept that things may not be perfect. It's inevitable that some troubles will arise during the holiday season; going with the flow and accepting the flaws as part of life is the key to overcoming holiday stress.



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 www.advocates-oz.org

Thank you for using the enclosed envelope to make a donation.



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Please contact us!
Support lines: 262.284.6902
877.375.4034
TTY/TDD 262.284.8828
www.advocates-oz.org

Charitable Checking at Cornerstone Community Bank

Open or switch your existing Cornerstone Community Bank Checking Account to a new Charitable Checking Account before March 31, 2010, and Cornerstone will make a \$25 donation to Advocates. But wait there's more! At the end of each year, Cornerstone Community Bank will make an additional donation

equal to 1% of the average balance you keep in your Charitable Checking Account.

